



OUR LADY OF LOURDES SCHOOL

23 ORANGE GROVE BAYSWATER 3153

T: 9729 3411 Email: principal@olbayswater.catholic.edu.au

OUT OF SCHOOL HOURS CARE:

T: 9729 3411 (7.30am - 9am & 3.20pm - 6.15pm)



We acknowledge that we are on the land of the Wurundjeri and Bunurong people of the Kulin Nation'.



Remembrance Day 11/11/2021



Dear Parent & Carers,

Today our school staff and students gathered outside in front of our National Flag as a mark of respect for Remembrance Day. Our school captains and senior students led a small ceremony, which included The Last Post, the Ode of Remembrance and a brief explanation of the significance of the date. The wreath that was laid in our ceremony was relocated to Bayswater RSL later in the day.

SCHOOL CAMP

What an adventure!! We were incredibly fortunate that our school camp was scheduled for the first week out of Covid restrictions. Our Year 5/6 students and four staff travelled to The Ranch Camp at Cape Schanck on Monday for three days (and two nights) to experience our adventure camp. The activities included a horse awareness program (which included riding!), rock climbing, mountain boarding and a crate stacking/ climbing adventure! Our groups were 'on the go' from breakfast till bedtime. Our Facebook page has a selection of photos, and each student will have an opportunity to collect photos for their families.

I could not be more impressed with the group of students that attended camp this year! There was a very real sense of appreciation and gratitude within our group, and the camp staff commented on their kindness, consideration and support for each other throughout the three days. Our students really did make it easy for the staff in attendance- Mrs Maher, Mr B. Williams, Mrs Dunstan and myself! A massive thank you to Traci, Brendan & Tegan, who gave up their time away from family to give the children the opportunity to undertake these adventures!



OUT OF SCHOOL HOURS CARE (OSHC) RE-OPENED

We are very pleased that, with the return to classroom learning, our wonderful OSHC program, led by Juhi Aghicha, is available before and after every school day. The OSHC group is dividing their time between the Parish Hall (food preparation and snacks) and our school Inquiry Hub (for activities and games).

Bookings are essential — please contact Juhi on 0

School events and Vaccination

The latest School Operations Guide (9th November, 2021) from MACS has given Catholic Schools some clarity regarding special events and activities with visitors to our school. The following excerpt comes directly from the Manual-

All visitors attending schools, including for drop off and pick up must adhere to physical distancing, density limits, face mask requirements and practise respiratory etiquette and good hand hygiene.

In addition, visitors who enter school buildings must also have had at least one dose of COVID-19 vaccine and must be fully vaccinated against COVID-19 by 29 November 2021 or have a valid medical exception with the following limited exceptions:

- when attending to administer medical treatment to their own child when the treatment cannot be administered by the school
- when attending to collect their child who is unwell and cannot leave the school building unaccompanied by their parent/carer.
- when attending for a momentary period that does not involve any sustained contact with staff or students, for example, to collect a completed art project or similar.

Visitors attending any event or activity inside a school building ...are required to show evidence of vaccination.

Visitors attending school sites for drop off and pick up who do not enter school buildings do not need to comply with vaccination requirements.

All visitors to the school building must 'Check-in' using the QR Code and show their vaccination certificate to a staff member as verification. No further information is collected or stored by the school.

Events that take place off-site, including Sacramental Celebrations (First Eucharist and Confirmation in the Parish Church) and our School Musical Production (at Rowville Secondary College) are subject to the requirements for that particular venue. Further information on the requirements for those venues will be sent to all parents & Carers.

Unfortunately, I acknowledge that compliance with these requirements will mean that some members of our community (and family & friends) will not be able to attend upcoming events. I apologise for the difficult and angst that this may cause, however we are complying with these regulations with the best interests of all members of our school and local community in mind.

Ross Williams
Principal



COLLEGE TOURS
see website

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The advertisement features a green circular graphic on the left containing the MaterChristi logo (a globe with birds) and the text 'MaterChristi APPLY NOW for 2023 & 2024 LIMITED PLACES'. On the right, there is a photograph of two smiling young girls in school uniforms. The background is a soft-focus image of green foliage.

LUNCH ITEM ONE

SALADS

- Greek Style Salad with Feta and Olives (V, GF)
- Pic(k)nic Box – Vegetarian (V, GF)
- Pic(k)nic Box with Ham (GF)
- Mexican Inspired Salad (V, GF)
- Tuna Mix with Brown Rice & Quinoa Cakes (V, GF)

SUSHI

- Teriyaki Chicken Hand Rolls (2)
- Cooked Tuna Hand Rolls (2)
- Avocado Hand Rolls (2)
- Cucumber Hand Rolls (2)
- Vegetarian Hand Rolls (2)

BAKERY

- Cheese and Bacon Roll
- Cheese and Vegemite Scroll (w/m)
- SCROLL with Ham & Cheese
- Semi Dried Tomato and Olive ROLL
- Topped with Only Cheese Roll

BAKED FRESH PIZZAS

(Thin & Crisp, Served at room temp)

- Margherita Pizza
- Ham and Pineapple Pizza
- Fresh Tomato, with Italian Herbs Pizza
- Spinach and Feta Pizza

SANDWICHES, ROLLS & WRAPS

- Turkey, Cranberry, Lettuce and Cheese Sandwich
- Gluten Free Ham & Cheese Sandwich (GF)
- Simple Salad Roll (V)
- Cucumber & Ham Sandwich (GF)
- Vegemite Sandwich (2)
- Mild Salami and Salad Roll
- Plain Cheese Sandwich (2)
- Roast Beef, Fruit Chutney, Cheese and Lettuce Roll
- Cheese and Salad Roll
- Wholegrain Cheese and Tomato Sandwich
- WRAP (GF, DF) Ham and Salad
- Wholegrain Ham and Cheese Sandwich
- Chicken and Salad Roll
- Garden Salad Wrap (GF,DF,V)

LUNCH ITEM TWO/THREE

FRESH FRUIT & VEG

- Fresh Fruit Combo
- Freshly chopped Strawberries & Grapes
- Lightly Steamed Corn wheels & Broccoli pieces
- Celery & Carrot Sticks with Sultanas
- Chopped Carrot, Cucumber, Red & Yellow Capsicum
- Apple pieces with Lemon Juice, Cinnamon & Brown Sugar
- Chia Bowl with Banana, Coconut & Strawberries
- Sugar Snap Peas, Beans & Cherry Tomatoes
- Cantaloupe & Honeydew pieces
- Edamame (Lightly Salted)
- Cherry Tomatoes with Tasty Cheese & Rice Crackers
- Freshly chopped Orange Segments
- Whole Fruit – Banana OR Mandarin

YOGHURT

- Strawberry Chobani Yoghurt
- Blueberry Chobani Yoghurt
- Passionfruit Chobani Yoghurt
- Plain Chobani Yoghurt

BAKED GOODS

- Choc Chip Cookie
- Cornflake Cookie
- Finger Bun with Sprinkles
- Hedgehog Slice
- Choc Cup Cake (GF,DF)
- Blueberry Muffin

DIPS & CRACKERS

- Tzatziki Dip with Rice Crackers
- Avocado Dip with Rice Crackers
- Spring Onion Dip with Rice Crackers

POPCORN/SNACKS

- Dried Fruit Medley with a Yoghurt Frog
- Popcorn - Lightly Salted
- Popcorn - Slightly Sweet, Lightly Salted
- Lightly salted Fav'va Beans
- Chickpeas with Lime & Black Pepper
- Balsamic & Sea Salt Fav'va Beans

DRINKS

- Apple Juice / Orange Juice
- Full Cream Milk
- Nippy's Chocolate Milk
- So Good Soy Milk
- Strawberry Milk – Lactose Free

Healthy, Interesting & Affordable Lunches Delivered to School!

More information about Our Offering including

Pricing, Ingredients and Portion Size is available on the Our Menu Page at

www.classroomcuisine.com.au